



**July 17 2018**

Below is some important updates about Mana Ake from the Christchurch Clinical Network( who are running the project) specifically the role of the Mana Ake kaimahi and the names of clusters and their schools and when each comes onto the project. Also I've included some information about preparing for Mana Ake

### **Preparation**

1. Those clusters/ schools who wish to access the googledoc we have prepared to share resources please contact me. If you have a resource to share please email and I'll add to the folder.
2. We are working closely with NZCER on preparing some resources re the wellbeing@school tool.
  - Phase 3-6 clusters and those on Phase 1 and 2 who have not completed the wellbeing@school tools. NZCER is preparing a webinar to inform you what you need to do. This will be available soon.
  - Those who are in the first two phases and have completed the three surveys of the wellbeing @school tool ( or any surveys although preferably the three )there will be two hour workshops with Cathie Johnson from NZCER to help interpret the data as a school and a cluster. These are on 28/29 August and information will be sent out soon.
  - Those on Phase 3-6 we will inform you when your two hour workshops will be.
  - In the meantime if you are not sure about this tool check out [here](#)
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### **1 MANA AKE KAIMAHI – ROLES REFINED**

The job description for Mana Ake kaimahi has been finalised. Mana Ake kaimahi will have a range of skills to support whānau and children with wellbeing concerns, such as anxiety or low mood. They will work directly with groups of students or individuals and their family/ whānau but may also be involved in running parent training or providing advice to whānau and teachers.

Kaimahi will work in accordance with school cluster processes ensuring that wellbeing is at the forefront of everything they do.

Mana Ake kaimahi can:

- assess for risk;
- engage families to address parenting challenges and build positive relationships between parents and children to promote wellbeing;



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- provide individual and group interventions that address anxiety, low mood, lack of resilience;
- support families to access community support to enhance their wellbeing;
- support children of parents with mental illness;
- work with school communities to understand trends and opportunities for support;
- provide culturally appropriate interventions and support;
- offer a range of information for parents and teachers through advice and guidance, training or group work.

## **2 MEMBERSHIP CHANGES**

Acting Inspector Vicki Walker replaces Inspector Ash Tabb as the police perspective on the Mana Ake SLA.

## **3 IMPLEMENTATIONS – LISTS OF SCHOOLS MADE AVAILABLE**

A full list of schools in each cluster is available [here](#). If you have any queries regarding the list of schools, please contact Simon Blatchford, Ministry of Education Principal Advisor - Canterbury and the Chatham Islands, at [simon.blatchford@education.govt.nz](mailto:simon.blatchford@education.govt.nz)